

# Spa Menu

"Salus Per Aquam" means "Health through water"

In the heart of the Indian Ocean

a corner dedicated to relaxation and well-being of body and mind.

"Our mission is to take care of others with the art of massage, giving a deep sense of peace reaching to the heart"

"Massage is a timeless place, a time without space, a journey into a parallel world"

Ask our staff for any information or to schedule the time of your treatment.

We wish you a pleasant holiday!



# Spa Treatments and Massages

## Shiatsu Treatment - Total Body (without oil)

Relaxing treatment, through pressure with thumbs and palms on the points called "meridians", stimulates and balances the flow of energy. It acts on the body, mind and emotions. Improves breathing and sleep quality. Reduces stress, neck pain and back pain. It gives a deep well-being.

|            |                  |         |
|------------|------------------|---------|
| 1 Massage  | 50' minutes      | 70 USD  |
| 3 Massages | 50' minutes each | 200 USD |

## Ayurvedic Massage - Total Body (with oil)

Full body warm oil massage acts as a powerful recharger and rejuvenator of body and mind. Stimulates blood circulation, lymphatic and toxin elimination. Nourishes skin, tissues and joints. It conveys a deep relaxation. It balances the energy centers giving a sense of total well-being.

|            |                  |         |
|------------|------------------|---------|
| 1 Massage  | 50' minutes      | 70 USD  |
| 3 Massages | 50' minutes each | 200 USD |

## Back, Neck and Shoulders Massage (with oil)

Massage concentrated on your back, neck and shoulders, to release the accumulated tension and reduce muscle stiffness.

|           |             |        |
|-----------|-------------|--------|
| 1 Massage | 30' minutes | 40 USD |
|-----------|-------------|--------|

## Hands and Feet Drainage (with essential oils)

Drains tension and unblocks energy through pressure fingers on the hands and feet, restoring balance and lightness throughout the body.

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|-----------|-------------|--------|
| 1 Massage | 30' minutes | 40 USD |
|-----------|-------------|--------|

## Face and Head Massage (with oil)

Rejuvenating treatment of face, head and hair. It relaxes the skin of the face, nourishes and strengthens the hair, frees the mind from thoughts, gives a new energy to your senses and radiates beauty.

|           |             |        |
|-----------|-------------|--------|
| 1 Massage | 30' minutes | 40 USD |
|-----------|-------------|--------|

All the Prices are Subject to 10% Service Charge and 16% GST (Goods and Services Tax)

Accepted Payment Methods: EUR, USD, Credit Card (Amex, Mastercard, Visa)

Credit Card Payments are Subject to a 5% Extra Charge on Total Amount

Payments Made in EUR/USD are Subject to the Current Exchange Rate with Maldivian Rufiyaa (MVR)

All Prices are Subject to Change Without Prior Notice